

順食
HOMEODIET

HOMEODIET KITCHEN

顺食厨房





ACCORDING TO WHO

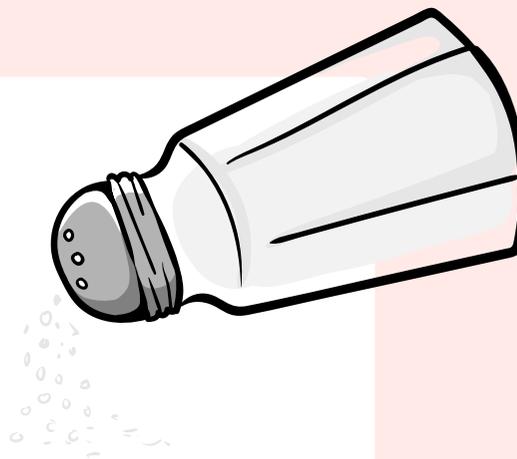
- Worldwide, an estimated 1.28 billion adults aged 30-79 years have hypertension.
- There are more than 460 million people with diabetes worldwide.
- More than 1 billion people worldwide suffers from obesity, including 650 million adults, 340 million adolescents and 39 million children.



THE PHARMACEUTICAL AND HEALTH CARE INDUSTRIES ARE BECOMING MORE AND MORE DEVELOPED...

Over the past 20 years, although the pharmaceutical and healthcare industries have become increasingly developed, diseases have become more common and younger. It is clear that human efforts to slow down disease have not been very effective.





KITCHEN = FOOD'S FACTORY

You are what you eat.

90% of diseases such as high blood pressure, diabetes and obesity stems from improper diet. Solving the health of all mankind must start with food, and food problems all start in the kitchen.

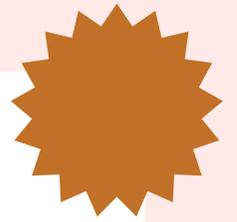
Solving kitchen problems is the most fundamental solution to slowing down disease.



SALT, SUGAR AND OIL: THE THREE EVILS IN THE KITCHEN

In today's society, almost all food's are processed in the kitchen. Using the wrong salt, sugar and oil to process food will cause food to spoil and endanger human health.

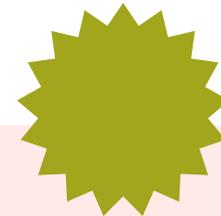
The society currently advocates a diet low in salt, sugar and oil, but this cannot completely solve the problem fundamentally.



HOMEODIET KITCHEN

REPLACE YOUR SALT, SUGAR AND OIL

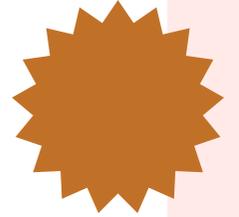
Homeodiet Kitchen advocates that every household should replace their salt, sugar and oil in their kitchen, turning the kitchen into a healthy food factory, so that the food becomes healthier after being processed in the kitchen.



TRANSFORMING THE 3 EVILS INTO 3 GOODS

- ✓ Amethyst Bamboo Salt
- ✓ Orii Sweetener
- ✓ Extra Virgin Coconut Oil





SALT

SALT IS THE MINERAL OF LIFE

In addition to sodium chloride, salt contains dozens of minerals such as potassium, calcium, magnesium, iron, copper, manganese, zinc, silicon, and sulfur.

Electrolyte sources - Electrolytes, such as potassium and sodium, help carry electrical signals between cells. An electrolyte imbalance can cause involuntary muscle contractions and can sometimes lead to hypovolemic shock.

The World Health Organization advocates a low-salt diet rather than no salt, and recommends that daily salt intake should be controlled at around 5 grams.

THE DANGERS OF SALT DEFICIENCY IN THE BODY



LOW BLOOD PRESSURE



GASTROINTESTINAL DISCOMFORT



WEAK IMMUNITY



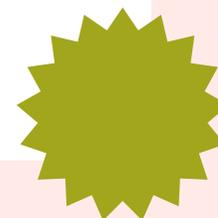
OSTEOPOROSIS



HEART DISEASE



LOSS OF SKIN ELASTICITY



THE PROBLEM ISN'T SALT; IT'S CHOOSING THE WRONG KIND.

REFINED SALT

- Sodium chloride content is as high as 99% or more
- Sodium salt will be excreted through the kidneys, increasing the burden, and will also cause excessive calcium to be deposited in the kidneys, and even increase the probability of osteoporosis. Refined salt can cause cardiovascular and cerebrovascular diseases such as high blood pressure and atherosclerosis, leading to sudden diseases such as kidney disease, coronary heart disease, cerebral infarction, and myocardial infarction.



KIDNEY DISEASE



HYPERTENSION



CEREBRAL INFARCTION



CORONARY HEART DISEASE



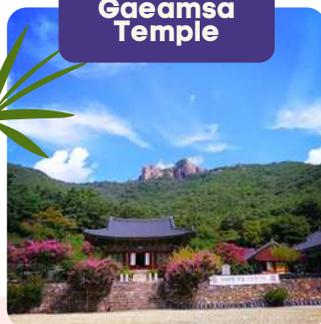
AMETHYST BAMBOO SALT

자수정 죽염

紫晶竹盐

1300 years ago, Master Zhenbiao taught the secret recipe of making bamboo salt to the monks of Gaeamsa Temple. The monks of Gaeamsa Temple began to refine bamboo salt in the temple using sea salt, bamboo and pine wood. It was then passed down from generation to generation. In 1988, KAEAM FOOD was taught the secret recipe for making bamboo salt.

Gaeamsa Temple



KAEAM



SECRET RECIPE



Sea Salt
Stuffed
Bamboo

Seal with
loess



Sea salt



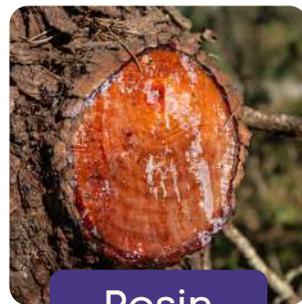
Bamboo



Loess



Pine



Rosin



Baked into molten slurry at
2500°C



Bamboo Salt

Add pine wood and pine rosin and burn together

After cooling, it becomes a purple solid



REFINED SALT

- Cooked at 140° C
- 99% Sodium Chloride
- Acidic (about PH 6)
- Accelerated oxidation



AMETHYST BAMBOO SALT

- Bamboo roasted 2500°C
- Contains 70+ minerals
- Alkaline (about PH10)
- Antioxidant



70+ MINERALS



Calcium
Maintain
bones and
dental
health

Magnesium
sooth
anxiety,
depression

Potassium
maintain
blood
pressure

Zinc
Improve
sexual
performa
nce

Sulfur
Improve
diabetes

Selenium
Eliminate
free
radicals



ALKALINE (~PH10)

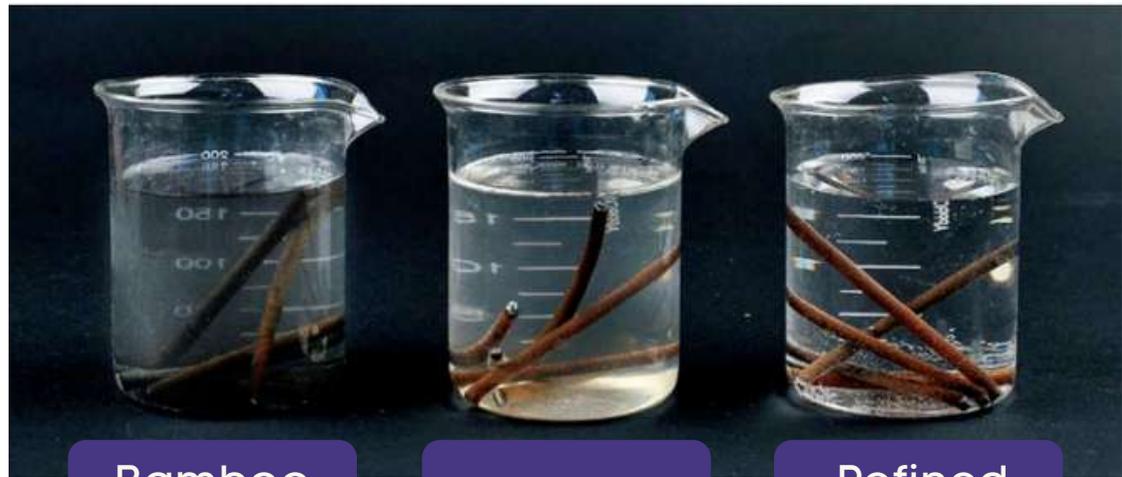


Acidic

Alkaline



ANTIOXIDANT



Bamboo Salt

Sea salt

Refined salt





ANTIOXIDANT



Bamboo Salt

Sea salt

Refined salt

THREE DAYS LATER



VARIOUS USES OF AMETHYST BAMBOO SALT



SEASONING

Healthy Salt, Healthy Life.
Alternative salt for
patients with liver and
kidney disease.
You can bring a small
bottle with you when
eating out or barbecuing.



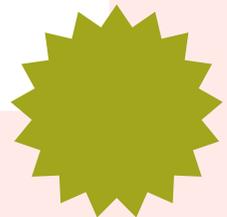
DRINK

Dissolve 2g in 150 mg of
water. Post-exercise
supplement, Vomiting,
gastrointestinal
discomfort, constipation,
mild fever, cold, body
inflammation, and
hangover.

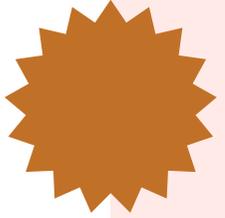


BRUSHING & RINSING TEETH

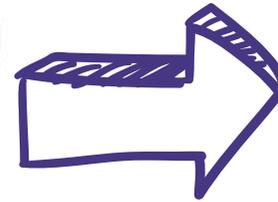
When brushing your teeth,
put bamboo salt in your
toothbrush or rinse your
mouth with bamboo salt.
Solve oral diseases such as
root inflammation,
periodontitis, bleeding, bad
breath, etc.



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HEALTHY SALT, HEALTHY LIFE.



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順食廚房

